

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Week 1	<a href="#">Chicken &amp; Dumplings</a>	<a href="#">Sloppy Joes</a>	<a href="#">Campfire Stew</a>	<a href="#">Very Veggie Lentil Bake</a>	<a href="#">Taco Pasta</a>	<a href="#">Green Chile Chicken Burrito Bowls</a>	<a href="#">Beef Stroganoff</a>	
Week 2	<a href="#">Ramen</a>	<a href="#">Pork Chops</a>	<a href="#">Moroccan Lamb Tagine with Apricots</a>	<a href="#">Chicken Tinga Tostadas</a>	<a href="#">Meatloaf</a>	<a href="#">Coq au Vin Blanc</a>	<a href="#">Green Thai Curry</a>	
Week 3	<a href="#">Shredded Chicken</a>	<a href="#">Creamy Tomato Soup</a>	<a href="#">Chicken Chilli</a>	<a href="#">Quinoa, Sausage &amp; Vegetables</a>	<a href="#">Cornish Hen with Potatoes</a>	<a href="#">Lentil Dal</a>	<a href="#">Herbed Lemon Salmon</a>	
Week 4	<a href="#">Cauliflower Soup</a>	<a href="#">Chicken Tacos</a>	<a href="#">Fall Apart Tender Short Ribs</a>	<a href="#">Mac &amp; Cheese with Lentils</a>	<a href="#">BBQ Pulled Chicken</a>	<a href="#">Red Pork Chili</a>	<a href="#">Spaghetti with Meat Sauce</a>	
Extra	<b>SIDES</b> <a href="#">Sweet Potatoes</a> <a href="#">Jollof Rice</a> <a href="#">Mushroom Risotto</a> <a href="#">Zero Minute Cauliflower</a>		<b>DESSERTS</b> <a href="#">Arroz Con Leche (Rice Pudding)</a> <a href="#">Low Carb Chocolate Lava Cake</a> <a href="#">Chocolate Covered Strawberry Hack</a> <a href="#">Homemade Churro Bites</a>			<b>BREAKFASTS</b> <a href="#">Egg Bites</a> <a href="#">Fluffy Pancakes with Chocolate</a> <a href="#">Quinoa Blueberry Breakfast Bowl</a> <a href="#">Breakfast Burritos</a>		