

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	<a href="#">White Chicken Chili</a>	<a href="#">Pulled Pork</a>	<a href="#">Lasagna</a>	<a href="#">Kung Pao Noodles</a>	<a href="#">Red Wine Beef Stew</a>	<a href="#">Chicken Gyro Stuffed Sweet Potatoes</a>	<a href="#">Salmon with Rice Pilaf</a>
Week 2	<a href="#">Orange Chicken</a>	<a href="#">Pot Roast</a>	<a href="#">Spicy Cajun Pasta</a>	<a href="#">Broccoli &amp; Broccoli Cheddar Soup</a>	<a href="#">Steamed Vegetable Dumplings</a>	<a href="#">Tuna Noodle Casserole</a>	<a href="#">Burrito Wraps</a>
Week 3	<a href="#">Meatballs</a>	<a href="#">Dump and Start Mexican Quinoa</a>	<a href="#">Potato Soup</a>	<a href="#">Shrimp Paella</a>	<a href="#">Fettuccine Alfredo Pasta</a>	<a href="#">Pork Carnitas</a>	<a href="#">Potato Adobo Vegan Tamales</a>
Week 4	<a href="#">Pasta with Pesto and Mozzarella</a>	<a href="#">Best Instant Pot Chicken Breasts</a>	<a href="#">Chana Saag</a>	<a href="#">10-Minute Steak Tacos</a>	<a href="#">Boneless Pork Chops with Bacon &amp; Gravy</a>	<a href="#">Zuppa Toscana</a>	<a href="#">Sauerbraten</a>
Extra	SIDES		DESSERTS		BREAKFASTS		
	<a href="#">Mexican Rice</a> <a href="#">Iced Tea - 3 Ways</a>	<a href="#">Scarlet Farro Salad</a> <a href="#">Mashed Cauliflower</a>	<a href="#">Instant Pot Brownies</a> <a href="#">Instant Pot Popcorn</a>	<a href="#">Irish Car Bomb Chocoflan</a> <a href="#">Lemon Cheesecake</a>	<a href="#">Steel Cut Oats</a> <a href="#">Polenta Breakfast Porridge</a> <a href="#">Tomato Basil Eggs en Cocotte</a>	<a href="#">French Toast Casserole</a>	