

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	Instant Pot Hamburgers	7 Easy Instant Pot Chicken Marinades	Mexican Casserole	Pineapple Rice	Pork Verde Tacos	Alaskan Snow Crab Legs	One Pot Vegan Thai Curry Noodles
Week 2	Instant Pot Turkey Breast	Instant Pot Tuscan Chicken Pasta	Cashew Chicken	Orange Whiskey Ribs	Vietnamese Chicken Corn Soup	Chipotle Pumpkin Vegan Chili	Hungarian Goulash
Week 3	Instant Pot Pork Chops	Instant Pot Chicken Tortilla Soup	Asian Quinoa Salad	Vindaloo Curry	Pulled Beef Brisket for Sliders	Buffalo Chicken Pasta	Mojo Style Pulled Pork
Week 4	Vietnamese Pork Tenderloin	Dump & Start Creamy Bacon Pasta	Hamburger Soup	Chicken Tinga Tostadas	Beef Stroganoff	Low Country Boil Cajun Shrimp and Sausage	Keema Aloo Mince Curry with Potatoes
Extra	SIDES Creamiest Instant Pot Hummus Spicy Chickpeas Salad Easy Orzo Summer Salad Whole Roasted Cauliflower in a Creamy Sauce		DESSERTS Rainbow Bundt Cake Infused Water - 4 Ways Best Ever Key Lime Pie Keto Coconut Almond Cake		BREAKFASTS Iced Coffee Concentrate Instant Pot Breakfast Casserole Sous Vide Egg Bites 5 Ways Cherry Chocolate Steel Cut Oats		